Praise heaped on girls' moving song

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Praise for a moving song recorded by a group of north Norfolk schoolgirls is snowballing this Christmas.

Gresham's Girls, a band formed by half a dozen pupils at Gresham's School, Holt, have released their version of Manchester rock band James' hit Sit Down, hoping to raise money for a mental-health charity.

And their fragile, haunting rendition has been attracting praise on social media - including a supportive tweet from Tim Booth, lead singer with James.

The six - Molly Sankey, Clementine Chapple, Amelia Fox, Rhianna Campbell-Cann, Henrietta Hovenden and Alice Dale - wanted to raise awareness of mental health in young people and decided to produce and sell the song.

This is really touching

Tim Booth, lead singer with James

with money raised going to the school's charity of the year, Young Minds.

A spokesman for Gresham's, an independent school, said: "There was something about the lyrics of Sit Down that resonated with the girls. There is a certain vulnerability that is reflected, and much is made of the highs and lows of life, and yet there is an overwhelming sense of optimism, hope and support."

Lyrics include the verse: "Those who feel the breath of sadness, Sit down next to me, Those who find they're touched by madness, Sit down next to me, Those who find themselves ridiculous, Sit down next to me, Love, in fear, in hate, in tears."

Booth tweeted about the girls' version: "This is really touching."

It was produced by Chris Cooper and Justin Myers, teaching staff from Gresham's music department.

Other comments on social media included one by RN Wright, who wrote: "Don't think about it, just buy it now - you won't regret it." Alexander Brett wrote: "Such a great track, greshamsgirls - super professional and moving. Absolutely deserves to earn loads for @YoungMindsUK." Keith Savage wrote: "Totally lovely and for a great cause."

Young Minds works to improve the emotional well-being and mental health of children and young people.

The track can be bought at https://itunes.apple.com/gb/album/sit-down/943269287