

Winter Menu

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Mid Morning Snack</i>	Flapjack / Fruit	Breadstick / Fruit	Crackers / Fruit	Crudités with Hummus / Fruit	Crackers / Fruit
<i>Main course</i>	oven roasted Sausages and onion gravy	Beef Lasagne	Grilled Bacon Chop with BBQ Sauce	Honey roasted Ham	Breaded Fish Goujons
<i>Vegetarian</i>	Smokey Sweet Potato Sausages	Quorn & Mediterranean Vegetable Lasagne	Butternut Squash & Lentil Hot Pot	Vegetable Stuffed Yorkshire Pudding	Chickpea & Coriander Burger
<i>On the side</i>	Mashed Potato Pea's Carrots	Garlic Bread Herb Salad Potato Wedges	Roast Mids buttered carrots Green Beans	Roast Potatoes Carrots & Broccoli Gravy Yorkshire Puddings	Chips Garden Peas Baked Beans
<i>Jacket Bar</i>	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling
<i>Hot Dessert</i>	Jam Sponge	Rice pudding	Lemon drizzle cake & cream	Chocolate Sponge With chocolate sauce	Toffee Apple Pie
<i>Cold Dessert</i>	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt



Winter Menu

Week 2	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Mid Morning Snack</i>	Flapjack / Fruit	Breadstick / Fruit	Crackers / Fruit	Crudités with Hummus / Fruit	Crackers / Fruit
<i>Main course</i>	Cottage Pie	Cajun Spiced Chicken	Beef and vegetable stew	Pork Loin Roast with Crackling	salmon and cod fishcakes
<i>Vegetarian</i>	Vegetable Cottage Pie	Southern Baked Quorn in a Bap with Salsa	Sweet Potato & Lentil Casserole	Wholemeal pasta with tomato and spinach	Coriander Bean Burger
<i>On the side</i>	Courgette and leek medley Roasted Butternut Squash Gravy	Potato Wedges Carrots Garden Peas	Diced potato Green Beans	Roast Potatoes Green Vegetable Medley Bramley Apple Sauce Yorkshire Puddings	Chips Garden Peas Baked Beans
<i>Jacket Bar</i>	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling
<i>Hot Dessert</i>	Apple & cherry Crumble	Ginger and orange Tart	Banana Cake	Pear Strudel	Jam & Coconut Sponge
<i>Cold Dessert</i>	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt



Winter Menu

Week 3	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Mid Morning Snack</i>	Flapjack / Fruit	Breadstick / Fruit	Crackers / Fruit	Crudités with Hummus / Fruit	Crackers / Fruit
<i>Main course 1</i>	Toad in the hole	Oriental chicken stir fry	Turkey spinach, mushroom penne	Roast Turkey with Cranberry Sauce	Breaded Fish
<i>Vegetarian</i>	Vegetable Sausage & Yorkshire Pudding	Root vegetable bake, tomato sauce	Quorn Bolognese with Pesto Penne	Aubergine & Sweet Potato Stack with mozzarella	Stuffed Field Mushroom, with brown rice and tomato.
<i>On the side</i>	New Potatoes Mixed Green Vegetables Carrots	Herbed Roast Potatoes Noodles rice	Garlic Bread Potato wedges Pea's and sweetcorn	Roast New Potatoes Broccoli Roast Carrots Stuffing & Gravy Yorkshire Puddings	Chips Garden Peas Baked Beans
<i>Jacket Bar</i>	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling	Jacket Potatoes & Sweet Potatoes with a Cold and Hot Filling
<i>Hot Dessert</i>	Orange & Lemon Bake	Rice Pudding	Chocolate Puddle Cake	Apple & Pear Crumble	Chocolate Bread & Butter Pudding with Chocolate sauce
<i>Cold Dessert</i>	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt	Fruit / Yoghurt

