

Sarah wants your handbags and gladrags

Image consultant Sarah Morgan wants women to delve into their wardrobes and donate their unwanted clothes and accessories to help boost Sheringham's playpark fund.

Sarah is organising a charity fashion sale and urgently wants donations of good quality clothing, handbags, jewellery, belts, scarves and shoes.

The sale will take place at Pretty Corner Tea Gardens, Sheringham, on Sunday, July 28, 11am-4pm. Sarah will donate profits to the Sheringham Playpark Revamp Group's fund, which aims to raise

£100,000 for new equipment at the Cromer Road site.

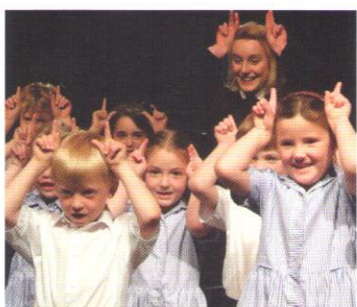
"I'm really impressed that a group of mums and residents are working together to make change happen and create a safe place for their children. Mumpower is a force to be reckoned with," she said, adding: "I hit on the idea of a fashion sale when I was weeding a client's wardrobe and there was a big pile for the charity bag. I suddenly realised I could put these discarded clothes to good use.

"I will accept any clothes and accessories that are clean and in good order, and also those outfits

that perhaps have been bought for a wedding or special occasion, worn once and now hang at the back of the wardrobe."

The event is being sponsored by Annie & Boo fashion boutique in Holt.

Email Sarah at sarah@sarah-morgan.co.uk or for more information or see more on Facebook SarahMorgan CharityFashionSales. Items can be dropped off at Annie & Boo and The Chocolate Box in Station Road, Sheringham. You can call Becci Cole on 01263 821382 or Sarah Morgan on 07919 608692.



STAR QUALITY: Olivia Colman with headmaster Philip John and head boy and girl Max Hunter and Sophia Haywood. Above: Pre prep youngsters perform.



The day was special to students for different reasons. Here, pupil **NOAH HORNE-MORRIS**, who is currently with Just Regional for work experience, talks about his personal experience.

When I first found out that my drama teacher wanted me to perform a drama monologue on our school's speech day in front of Olivia Coleman, a double BAFTA award winner, I was absolutely speechless.

It wasn't till about an hour later when my feelings kicked in, suddenly I started feeling really excited, and then I felt absolutely terrified. A friend who was performing who was also nervous advised turning nerves into triumph or confidence or something like that. I took this advice and if it weren't for him, I wouldn't have nailed the performance as well as I did, I owe him a lot of thanks.

My monologue was a comic extract from the play Table Manners which is from a trilogy of plays called the Norman conquests. All I remember from the performance were the laughs from the audience, the blinding stage lights and it was all about me for two minutes.

My personal advice for performing in front of anyone is just to imagine that the people who could put you off are not there. It helped that the stage light stopped me from seeing who was in the audience. Also, when you perform, the audience are just watching, perform for yourself. Remember: it's not about the audience, it's about you.

I was overwhelmed at the end of the performance with a huge cheer from the crowd. I didn't get time to meet Olivia Colman personally, but all I hope for is that she enjoyed it.

Olivia is someone that the school (and Norfolk) should look up to, being born and brought up in South Norfolk. She has worked so hard and has at times been put off acting but has stayed strong and determined and, along the way, inspired many others to follow their dreams.

Prize day for pupils

Gresham's Pre-Prep in Holt hosted its annual summer celebration and Speech Day on June 27 at the Auden Theatre.

The event was an opportunity for pupils to perform to the parents, family members and staff and a chance to say goodbye to the 2013 leavers.

Guest speakers were Helen Haine and Peter Howell from Sheringham and Cromer Operatic and Dramatic Society.

A prize-giving followed performances, with all leavers presented with a book.

Mr Howell spoke about the importance of the arts in children's lives saying it "broadens their horizons, builds confidence and teaches discipline and hard work".

Prep School pupils put on a concert as part of their Speech Day on June 28. Each year the school invites a special guest

speaker to present end of year prizes. This year it was Sophie Christiansen OBE, a British equestrian and triple gold medal winner who has competed in three successive Paralympic Games.

In her speech, she said she never allowed her disabilities to stop her following her dreams and advised pupils to embrace change and follow their own dreams.

The a moving and inspirational speech was met by a standing ovation.

Performances were no the theme of Sounds of the Sixties and kicked off with a rock concert followed by a string of performances by each year group.

The concert culminated with a school performance of Hey Jude before a speech by headmaster James Quick, who praised the pupils for all their hard work.

AWARDS: Members of Year 8 with Sophie Christiansen OBE.

